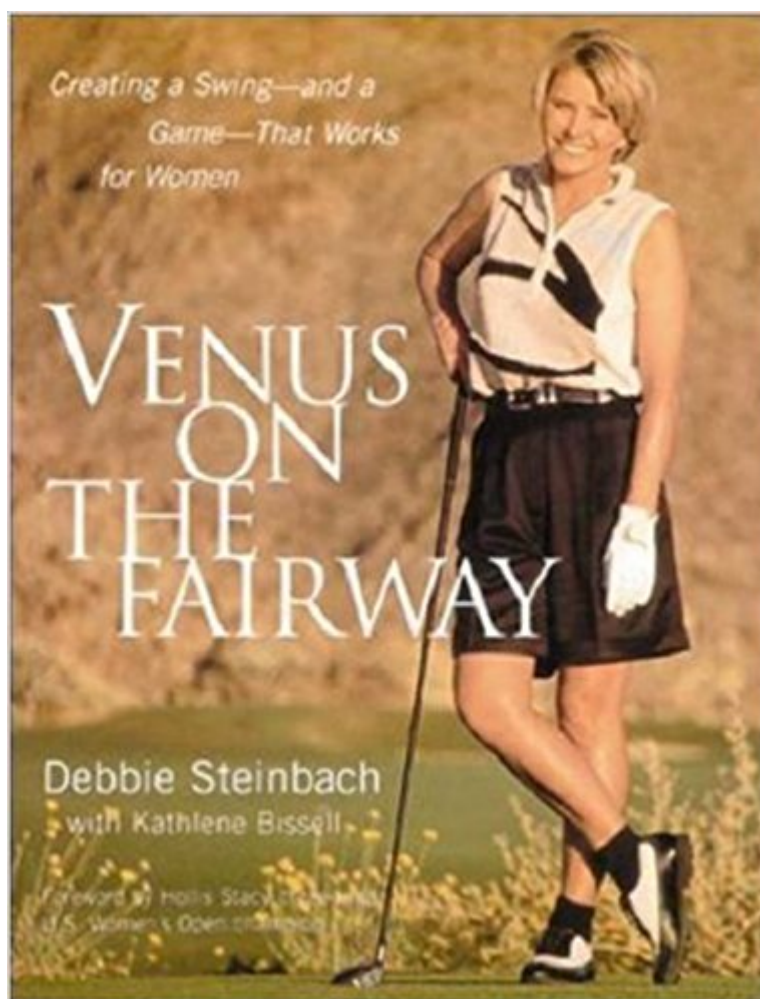


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# Venus On The Fairway : Creating A Swing--and A Game--That Works For Women



## Synopsis

Despite the distinct differences in the way women and men should swing a golf club, golf instruction has almost always been presented from the male perspective. In *Venus on the Fairway*, Debbie Steinbach bridges that instructional gender gap by teaching a body-and-mind method for women only. With the aid of step-by-step instruction, helpful photography, and simple visual keys, women golfers will learn to play better golf by keeping things simple--from basic grip and setup fundamentals to the full swing. Rather than overload the reader with highly technical swing instruction, Steinbach emphasizes practical drills that teach how to "feel" key swing movements, reinforced by a simple and positive teaching style. Steinbach also helps readers choose the right equipment, explains essential rules and etiquette tips, and offers useful advice on playing with male counterparts. For women entering the game for the first time or anyone looking for a fresh start, *Venus on the Fairway* teaches an improved method and ensures that they have fun while learning.

## Book Information

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## Customer Reviews

Debbie's sincere delivery, along with her knowledge of the game and entertaining manner, makes this book a hole in one! -- Shirley Spork, founding member of the LPGA Tour and member of the LPGA Teaching Division Hall of Fame  
*Venus on the Fairway* [is] a refreshing approach to teaching women the game I love. -- Hollis Stacy, three-time U.S. Women's Open champion

Debbie Steinbach played the LPGA Tour for eleven years before becoming an LPGA teaching professional. Ranked as one of the top fifty instructors in the country by *Golf for Women* magazine,

Steinbach teaches at The Reserve in Indian Wells, California. Kathlene Bissell is the author of *Fred Couples: Golf's Reluctant Superstar* and has written for *Golf Illustrated*, *Golf for Women*, and *Private Clubs* magazines. She lives in Florida.

This book has been great for me. I have really improved my game. I was having problems so took some lessons from our male pro ( no female pro at our club). This book pointed out the differences between men and women in the way we swing. What a difference it has made. I have recommended it to all my friends

Best golfing instruction book. Before you pay for ( and lose money, like I did) professional golf instructions, read this book. Or at the very least, use it with while you are receiving professional instructions, so that you can see through the BS that your golf professional is feeding you.

OMG EVERY female golfer should read this book Love you Debbie

I've played golf a few times in my life but needed a little something to help with my confidence. I was intimidated by better golfers and Venus on the Fairway made it easy to understand the game better and help with my grip on the clubs and addressing the ball.

After 15 years of playing golf i have been troubled by just about every bad habit imaginable. However, the most disturbing one was the use of my hips during the golf swing. This book advocates using the hips as a power source. It also insinuates that using the hips is some sort of new idea. Please listen to me. I was taught this same info 15 years ago and it does not work. I was taught that as a woman, our hips are wider and in order to hit a long ball the hips must be very active in the swing. All this did was lead to me casting the club and spinning out on the downswing. Using the hips is not new theory. It is an old theory thrown away years ago. Read David leadbetter or Dave Pelz or any of golf's gurus and they will tell you this is bunk. It took me years to straighten out my timing and undo the damage that this type of teaching does. The author equates using our hips to using our womb power... Oh Please! A pro once said that it amazed them that women ever learned the golf swing with all the bunk that they are taught. This book contains that bunk. Good Luck

This book addresses an oft-forgotten sector of contemporary golf: women. Although women players are no doubt a decisive force within the sport, a training and development book of this kind--for

women, by women--has heretofore been lacking. Ms. Steinbach's book (clearly addressed, with witty prose, by her co-author Kathlene Bissell) provides insight and tips to the female golfer that all will find relevant to the development of their (her!) own game. For all those who have wondered "how does this apply to me?," please find here an irreverent yet completely honest approach to a wonderful sport with the female golfer in mind (yes, it does work differently for you! and BTW, it's OK!). A treat by any standards, 'Venus on the Fairway' presents an astute, and insightful, approach that is sure to help all women golfers as they seek to get beyond the club pro lessons. Great!

I really liked this book. I have had both individual and private lessons...from men...and I still had problems with hitting the balls thin, fat, or worse yet...not at all. After reading this book, I am consistently making contact with the ball. It is easy to read, the tips are easy to apply...and after reading it...I took 6 strokes off right from the start. My swing "feels" easier and I am looking forward to improving my game even more. I liked it...and I have read more golf instruction books than I care to remember. For beginners and intermediate players...this is a "keeper."

... Debbie approaches golf instruction from a fun, novel way that hooked my wife into reading her first golf book. She was so excited that we spent the holidays swinging clubs and planning our next trip south to try out Debbie's techniques. The boob factor was my wife's favorite section! If you have a female golf enthusiast in the family, I give this book a two thumbs up as the perfect gift.

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